

25
Miles



MUDDY DOG



Running Log

Start

Black Cat Alley

Rainbow River

I See You Sea

Puppy Dog Path

Ma-Bob-Stream

Ice Cream Island

Bunny Bridge

Run

Jog

Walk

Finish

Sprint

Keep going

Plastic Puddle at Chewy Chick Factory

1

2

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25

Design Carol Goodrow Each footprint = 1/2 mile or two laps around a track July 2, 2009

Send completed chart to Muddy Dog, P.O. Box 209, Fiskdale, MA 01518 with S.A.S.E (business-sized self-addressed envelope) for free bookmarks. If you would like your first name and state on the carolgoodrow.com Web site, please fill in the blanks.

First Name _____ State _____ Date Completed _____

Have Fun