

Double Century

Happy Feet Kids' Club Running Game



1. Scatter 400 unifix cubes on the field.

2. Separate kids into two teams. Each team stands on the opposite side of the field.

3. Teacher yells, "Go," and all the children run. Each child picks up 2 unifix cubes at a time, brings them back to their side, then runs again to find more cubes.

4. Play continues. As more cubes are gathered, they are put together into stacks of ten. When each side has build 20 stacks of ten, they snap them together to make a strip of 200 cubes.

5. Rules: No stealing from the other team. Runners may carry only 2 cubes at a time. Twenty stacks of 10 must be shown to the teacher or a parent before they are snapped together to make 200.

Definition: A "Century" is a 100 mile bike ride. A "Double Century" is a 200 mile bike ride.

6 Finish with a lap of the field or a hike.