

Name _____

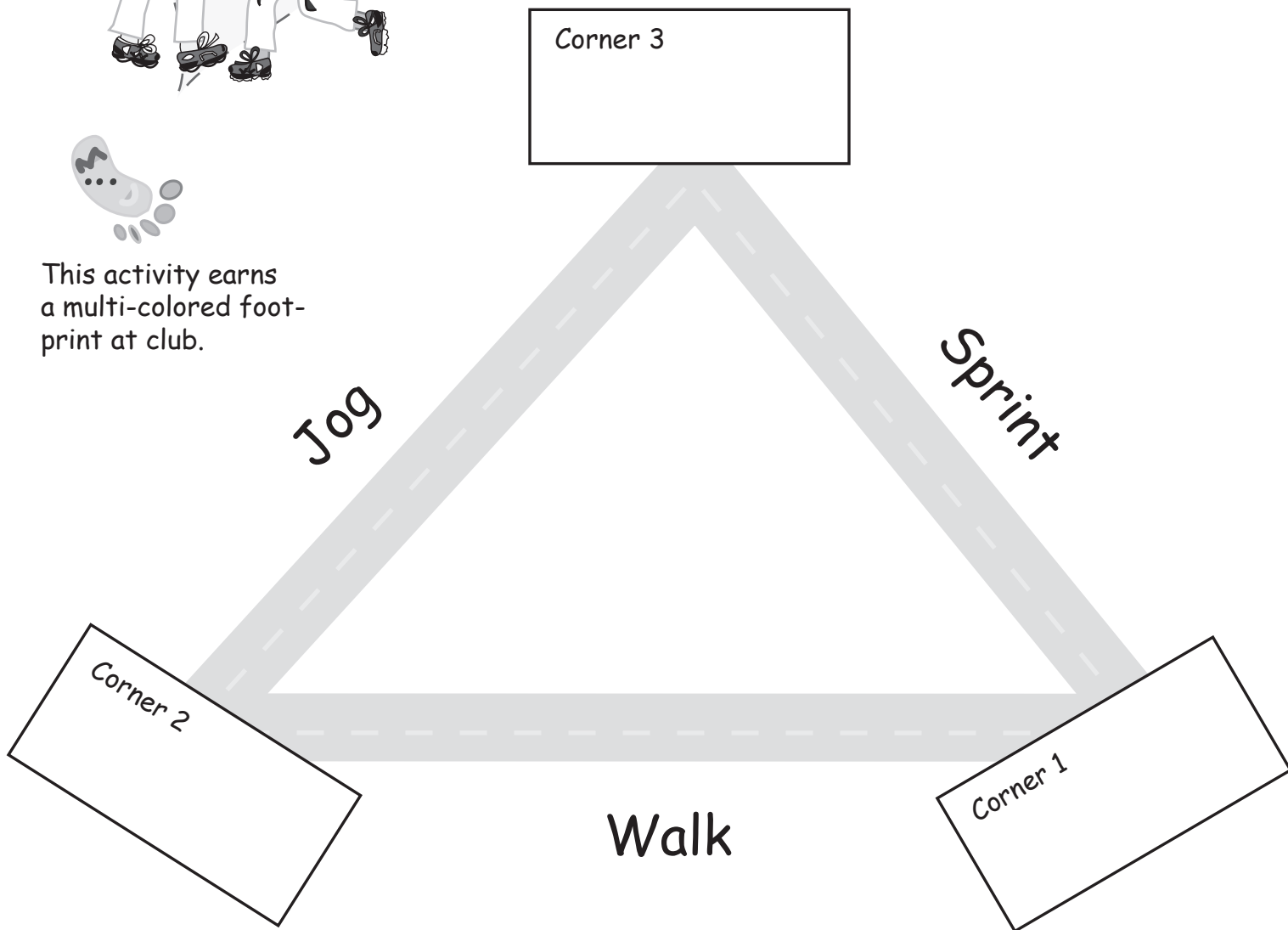
Chapter 3 - Walk & Run



Make up your own triangle route. Have a run, jog, and walk lane. Decide what your corner activities will be. My Ideas: Sing, jog in place, & do jumping jacks. What are your corner-activity ideas?



This activity earns a multi-colored footprint at club.



Fill in the corner activities on this paper, or totally design your own activity triangle on any paper you have at home. When you do it with your own supplies, and from scratch, you can be even more creative.