

Name _____

Chapter 7 - Mile



Have fun with poetry. Read the poems on page 51, then make up your own. Use healthy eating or fitness themes.

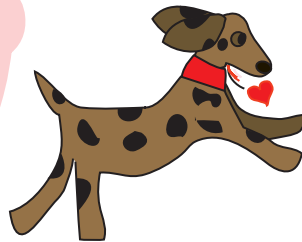
A large, empty rectangular box with a light yellow background and a light purple border, intended for students to write their own poems.



This activity earns a multi-colored footprint at the Happy Feet club.

"G" my name is Gail and I'm jogging on a trail.

Fast is fun.



"J" my name is Jack and I'm running 'round the track.