


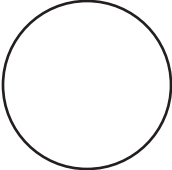
Happy Feet Lunch. Color, cut out, and fold to make a zig-zag book. Glue. Show your Happy Feet lunch! String with yarn.



My Happy Feet Lunch

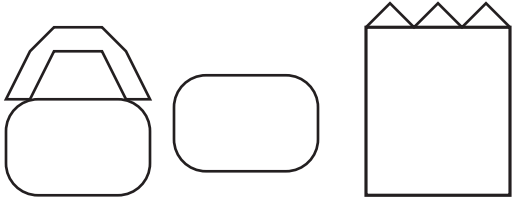
Illustrated by _____

I am at lunch.



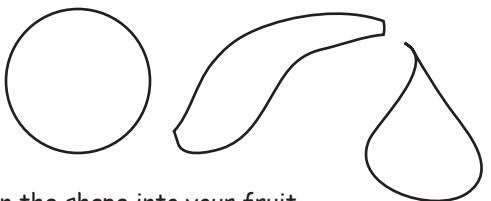
Draw your face before you eat.

Here is my lunch.



Draw your lunchbox, tray, or lunch bag.

I like my fruit.



Turn the shape into your fruit.



The Fun Run

I am at the fun run.

Draw your face.

Here is my number.

Make your number.

Here is my T-shirt.

Design your tee.

Here is the start.

START

Color in the letters.

Here is the trail.

Color the trail.

Here is the finish.

FINISH

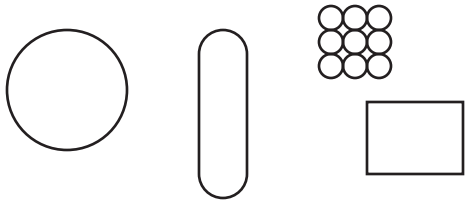
Color in the letters.

Here is my medal.

Design your medal.


Glue, paste, or tape to bottom of first half.

I like my vegetable.



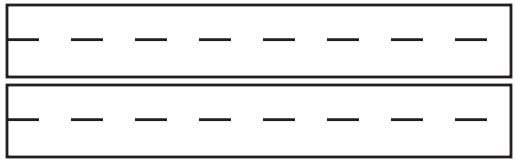
Turn the shape(s) into your vegetable.

I like my whole grain.



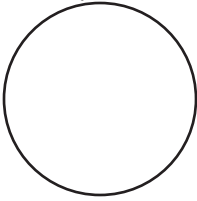
Draw your whole grain.

I like my low-fat protein and/or dairy.



What did you have for low-fat protein or dairy?

Here is my face after I eat.



Draw your face after you eat. © Carol Goodrow